

CHANGE TOWARD WHOLENESS



WHAT: Rev. Dr. Greg Love's adult education class

Both the New Testament and psychology speak of a person's change from brokenness toward wholeness. But how does that change happen? Do we just "set our mind to it, and make the changes?" Or is it more difficult and, if so, why? What is God's role in creating this change in us, and what is our role? This class looks at how we change, comparing and contrasting the views from neurobiology, psychology, and spirituality. We begin with the classic Christian and Protestant view that change is impossible without God. We then look at recent works in science, particularly in neurobiology and psychology. Finally, we look at the New Testament and Reformed theology to describe the Christian view of how we change.

WHEN: Thursday evenings, April 16 – May 21

WHERE: Christensen Room at PCN

TIME: Light supper served at 5:30 p.m.

Class runs from 6 to 7 p.m.

Optional texts (in addition to the Bible):

Addiction and Grace, by Gerald May

Willpower, by Roy Baumeister

*Please RSVP to the church office for
class attendance and dinner*

(415) 897-6152 or pcnadmin@pcnovato.org